

Skater's Release

I/We the undersigned, hereby acknowledge that certain risks of injury are inherent to participation in figure skating, power skating and/or recreational activities. These types of injuries may be minor or serious, and may result from one's own actions or inactions of others, or a combination of the foregoing. I/We hereby warrant being physically fit to participate in the above activity or activities, and understand that the choice to participate brings with it the assumption of those risks and results which are part of the activity or activities. I/We hereby release, hold harmless and forever discharge Metro Toronto Skating Academy and Skate Canada and any of their respective staff, coaches and assistants, from any and all actions, causes of action, claims and demand for damages, indemnity, costs, interest, loss or injury of every nature and kind whatsoever and how so ever which I/we have had, may now have or may here after have, in any way arising from my/our child in connection with any such activity or activities. I/We declare, having read and understood the above informed consent agreement in its entirety, and hereby consent to participate, acknowledging and agreeing to all the foregoing. Further, so long as my/our child is under 8 years of age, I/we or a designated adult, will be present in the North Toronto Arena during all programs.

Date Signature of Parent/Skater

Printed name of skater

Please mail registrations to:

MTSA, c/o 32 Cleta Drive, Toronto, ON, M1K 3G6,
(confirmations will be sent out via email)
Applications will not be accepted until full
registration is complete.

Summer Schedule

Figure Skating Program 4:10-5:40 pm

Time	Mon	Tues	Wed	Thurs
4:10	-----	Stroking	-----	-----
4:25	-----	Specialty Group Lesson	-----	-----
4:40	-----	Free Skate until 5:20	-----	-----
4:55	-----	Freeskate until 5:20	-----	-----
5:20	-----	Skills	-----	-----
5:30	-----	Dance until 5:40 pm	-----	-----

Private lessons may continue on a one on one basis, please use and teach ice awareness.
All skaters must participate in group lesson unless in a private lesson. Skaters must participate in Dance and Skills sessions, unless in a private lesson.

Learn to Skate Program 5:45-7:00pm

Time	Mon	Tues	Wed	Thurs
5:45	-----	Warm up	-----	-----
6:00	-----	Group lesson	-----	-----
6:15	-----	Group Lesson	-----	-----
6:30	-----	Games	-----	-----
6:45	-----	Show Practice	-----	-----

Private lessons are available during warm up, games and show practice as all skaters must participate in the group lesson. All skaters are encouraged to skate in the showcase to perform the skills they have learned.

Family & Friend Skate Night will be held every other Thursday during the Learn to Skate Session at 5:45-7:00. \$5 per family member- skaters signed up for the week do not pay extra.

Director reserves the right to adjust the schedule at any time. There will be NO Make up Classes due to limited ice available. Test Day pending Skate Canada sanctioning
Parents of skater's 8 & under must be in arena at all times.
Helmets with face mask only.

Metro Toronto



Skating Academy

Summer School 2009
July 6- Aug 27, 2009
Monday-Thursday 4-7pm
www.metrotorontoskatingacademy.com
email: mtsa@rogers.com
416-792-1652

Learn to Skate:
Pre Glider & Glider
Glider Plus
Pre & Teen Glider
Hockey Glider
Adult Glider
Private Lesson ice available

Figure Skating:
Junior,
Intermediate and Senior Figure Skating
Ticket Ice Available

Family & Friend Skate Nights every 2nd Thursday

2009 Summer Fees

Figure Skating Program 4:10-5:40pm

For skaters in test or competitive disciplines current with Skate Canada guidelines. Group lessons include one stroking session/day and one specialty group lesson/day, focusing on spins, jumps, field movements and footwork. Private lessons may continue during group lesson, please arrange a coach of your choice and use your ice awareness. Off-ice session will be available daily, from 3-4pm. Test Day pending Skate Canada Sanction.

Junior, Intermediate & Senior \$135/wk
Skaters must have passed Badge 7 or any one preliminary dance or higher.

Off Ice Training \$35/wk

Includes warm up, stretching, dietary needs, and creativity. Offered to both Learn to skate and figure skating programs.

Ticket Ice sign in required

1 hour = \$15 1.5 hours = \$20 10 hours = \$120

Learn to Skate Programs 5:45-7:00pm

Includes 15 min warm up, 30 minute group lesson, and 15 minutes of skill practice/supervised free time and 15 minutes of cool-down. Private lessons may take place during the warm up and cool down (extra cost for lesson only). All skaters are encouraged to participate in the group program.

Pre Glider 3-4 years \$185/wk

4-1 ratio, 45 minute lesson, show practice and games.

Glider (5-10yrs), Pre & Teen Glider (11-16 yrs),

Hockey Glider and Adult Glider \$160/wk

8-1 ratio, 45 minute lesson, show practice and games.

Glider Plus all ages 185/wk

4-1 Ratio, For skaters who have badge 4 and are ready for an introduction to figure skating. 1 hour of instruction and free time.

Private lesson Ice

1 hour Private Lesson Ice only = \$20

½ hour Private Lesson Ice only = \$15

Family & Friend Skate Night held every other Thursday on the Learn to Skate Session at 5:45-7:00. \$5 per family member- skaters signed up for the week do not pay extra.

About the Academy
Beverley Monsegue, Director
416-792-1652, mtsa@rogers.com

Professional Coaches
Barb Lehming-Lagace 905-640-1439
Beverley Monsegue 647-883-0741
Connelly vanLeur
David Long
Kathy Rosenthal
Ken Langlois
Kim Sutton
Laura Matheson
Lucy Kovac 416-489-4269
Meredith Gilbert Tutching
Paul Dore
PJ Kwong 416-690-3095

July 6 - August 27, 2009, 4pm-7pm, Monday -Thursday
Location: North Toronto Arena
174 Orchard View Blvd (Yonge and Eglinton) Toronto, ON
One block north of Eglinton Ave. W, Two blocks west of Yonge St.

Vision

To share & pass on my love and passion for ice skating, whether it's learn how to skate, hockey skills, for recreation or figure skating. May all skaters in the Academy skate away with great memories of the sport & share them with all their friends and family! See you at the rink!

The Director's Message:

Welcome to the Metro Toronto Skating Academy Summer School. It is my pleasure to have the opportunity to skate with you this summer. Our goal is to pass on the passion and joy that I have for skating to all skaters as my passion for the sport is larger than life! The knowledge and experiences I have gained since I started skating at age 3 and through coaching for the past 16 years to skaters of all ages and levels of skating in both Skate Canada Clubs and independent schools all across Canada will be a great asset to your skater's career in each program offered. I discovered coaching at a young age, not knowing this would be my career for the rest of my life. The Academy teaches passion, dedication, strong skating knowledge and work ethics in a fun and friendly skating environment. The skills and experiences the skaters will learn from the Academy will stay with them for the rest of each skater's life!

Metro Toronto Skating Academy Registration Form 2009
www.metrotorontoskatingacademy.com, mtsa@rogers.com, 416-792-1652

Skater Information

Skater _____ Birthday _____
SkateCanada# _____ OHIP# _____
Parent/Guardian _____ Tel # _____
Address _____
City _____ Email _____
In case of Emergency _____ Tel # _____
Skating badge/level _____

Figure Skating July 6 - August 27

4:10pm-5:40 pm Mon-Thurs

Jr. Int.& Sr. \$135 x # of weeks = _____ Dates _____

Off ice \$ 35 x # of weeks = _____ Dates _____

Ticket ice \$15/hr, \$20/1 * hours, 10 sessions for \$120

Ticket Ice \$120x # of books _____ = _____ Dates _____

Volunteering

Are you available to volunteer on Learn to Skate Session? Yes No

Learn to Skate July 6- August 27

5:45pm-7:00pm Mon-Thurs

Pre-Glider \$185 x # of weeks = _____ Dates _____

Glider* \$160 x # of weeks = _____ Dates _____

Pre & Teen Glider \$160 x # of weeks = _____ Dates _____

Hockey Glider \$160 x # of weeks = _____ Dates _____

Adult Glider \$160 x # of weeks = _____ Dates _____

Glider Plus \$185 x # of weeks = _____ Dates _____

Total for Classes _____

Admin Fee**** \$25.00

Discount 5%- 4 + weeks _____

Family Discount 5% 3 or more skaters _____

Sub Total _____

GST (5%) 82528 1728 r0001 _____

Skate Canada Fee (\$30 if not member) _____

Total _____

\$100.00 deposit required by April 1, 2009 to guarantee spot for summer. No refunds except for medical reasons and no make up classes.

Form of Payment: Cash or Cheque only please, payable to Metro Toronto Skating Academy*

Mail to: MTSa, c/o 32 Clela Drive, Toronto ON, M1K 3G6